

Alzheimer's disease

Of the countless human ailments
That destroy the pleasures of being alive,
The Alzheimer's disease is one.
This attacks the unfortunate elderly human!
A progressive neuron degenerative disorder is this.
And today in 2006, more than ten millions have its deadly hiss!

There is yet no therapy or cure
And with progression life is miserable, which is for sure!
Scientists are busy to comprehend the causes in their model of mouse.
To find molecules, which are effective and stout
And the mankind is anxious to have efficient gadgets and device
To handle Alzheimer's with confidence and ease.

The causes for Alzheimer's aren't understood yet.
There may be multiple reasons; the present understanding is inadequate.
Family history and numerous factors dominate the pauses.
Alzheimer's make a beginning with forgetfulness, which is mild.
Events drown deeper in to the memory lane and become haphazard and wild
And the recall is most difficult unlike a vibrant clever child!

Familiar faces become unfamiliar and these are progressing worse signs!
Hindrances in speaking, thinking or logically finishing a simple task then begins.
Medically examined:

When spinal fluid, blood or urine is tested
Or the brain is run through a scanning train.
Tangles and plaques are seen in large parts of the brain.

Two identified proteins notorious around are the beta-amyloid and tau.
They raise the stress hormones and the doctor is helpless to mop the fevered brow!
Circumstances are similar to managing an old over-driven car:
A repair here manifests another defect there!
Similar, when the treating doctor unknowingly applies
The corticoids for one relief but aggravate another!

Corticoids like aldosterone are hormone; these contribute to stress.
And this is to be remembered when the doctor is attending an elderly to redress.
If the symptoms of Alzheimer's
Are knocking at the door,
Treatment with corticoids
Would certainly be poor!

In simple terms - anxiety, irritation and panic:
Conditions of these kinds are manifestations of stress!
And the elderly should be away to be discouraged to face
Such conditions to embrace
Stress management in the diseased is therefore, certainly a must
To induce a break on the progression of Alzheimer's very fast.

With affections and care, people with Alzheimer's
Can survive for long, and may be for ten to twenty years!
Life though, is no more as exciting as it had been.
Every closer one is yet often very keen
To ensure that the dearer ones are alive and around
To be felt, to be touched and to be physically seen!